



Parent Handbook



You have joined a sports league dedicated to providing a positive and rewarding experience for you and your child. This program is based upon the Sportsplex USA Winners philosophy. Simply put, every child that participates is a winner, regardless of skill. Therefore all players will be given equal opportunity to succeed and have fun.

Our mission is to instill a sense of pride and confidence into every player by demonstrating and modeling the positive values of team sports. This system is based upon our belief that sports provide an atmosphere for your child to learn more than skill. Our belief is that we have the wonderful opportunity to develop a strong foundation of character building values. Those values include *Respect, Honesty, Teamwork, Sportsmanship, Integrity and FUN!*

With your help and support we can achieve our mission. Parents...you are also a participant, supporting your child's interests and providing encouragement by discussing values and issues pertaining to your child's participation in a sports league. We hope that you will enjoy your experience with Mighty Mite Soccer. Please keep in mind that all our coaches are doing their best to encourage your child to be cooperative, learn, and have fun.

I would like to reassure you that this is your program; therefore I gratefully accept any comments or suggestions. Let us work together to make this another great season.

Mighty Mite Soccer

A positive and rewarding introduction to the sport of soccer!

- ❖ Everybody participates – no tryouts
- ❖ Everybody plays – no first strings or substitutions
- ❖ Parents and children grow together – build family strength

In our league every player is a winner! Learning and having fun in a sport are the most important. Our Mighty Mite Instructors introduce skills in a basic, fun and progressive manner with much repetition and positive reinforcement.

Format

Every hourly Saturday session will be structured similarly and will include the following:

- Check In / Parent & Child Time on the Arena
- Stretching / Warm-Ups
- Developmental Drill
- Scrimmage
- Discussion and Team Cheer

NOTE: Development drills will focus on the fundamentals of the sport. This program is intended for beginner to intermediate players.

There will be no league statistics kept, nor will there be championship teams

Rules

A. Composition of Teams

Depending on the actual number registered in each age group, participants may be transferred into a different hourly session dependant upon the player's skill and size. Players may be moved mid-season if needed to keep the teams balanced. Requests may be granted if it does not interfere with the balance of the two teams.

B. Playing Regulations

- 6 – 12 players per team
- All players will play equal time during the game
- All players will have the opportunity to experience all game positions.

C. Equipment

- Cleats are optional; however suitable active/athletic shoes must be worn.
- Jerseys will be provided.
- Shin guards are required during scrimmage sessions.
- Shorts or sweats may be worn, NO denim jeans or cutoffs.

Time of Session

Your child's session time will be emailed to you following the Assessment Day

All Games and Practices are on Saturdays for 1 hour.

Assessment Day

Teams are formed following the skill assessment according to age, maturity and level of play. There are 6 to 10 players on each team. Team shirts are given by the second Saturday. If you have any special requests for game times or teams – see the instructor following the assessment or email joe.kooiker@sportsplexusa.com

Rainouts

If it rains the day of session, class will be rescheduled. If it rains the previous day the decision to play will be made by 8:00am on the day of session. You can call the Field Playing Conditions Hotline at 619-334-1000 x (*)825 or check the website at www.sportsplexusa.com/Santee/SoccerFieldPlayingConditions

Spectators Code of Conduct

As a spectator, we hope to provide a fun and rewarding experience for you and your child. In order to achieve our goal we ask that you adhere to the following criteria:

1. *Applaud good plays by your own team AND the opposing team.*
2. *Never ridicule or scold a child for making a mistake during a game or practice.*
3. *Encourage players to always play according to the rules.*
4. *HAVE FUN! Make it enjoyable for you and your child.*
5. Be patient, understanding, positive, and supportive

Lesson Plans

Week 1:

- Welcome and Introductions
- Skill Evaluations and Fun Soccer Skills!
- Question and Answer time.

Week 2:

- Shirts handed out
- Shooting & Trapping Skills
- Scrimmage Game

Week 3:

Picture day! (Arrive 30 Minutes early)

- Warm-up / Stretching
- Shooting Skills
- Scrimmage Game

Week 4:

- Warm-up / Stretching
- Footwork Skills
- Scrimmage Game

Week 5:

- Warm-up / Stretching
- Dribbling and Shooting Skills
- Scrimmage Game

Week 6:

- Warm-up / Stretching
- Review all soccer skills
- Scrimmage Game

Week 7:

- Scrimmage Game
- Award ceremony
- Ice Cream Party provided by Sportsplex USA

THANKS FOR YOUR INVOLVEMENT!

To register for next session, please visit www.sportsplexusa.com